

KEY

Define 'self-control'.

Choosing to control personal wants, desires and lusts.
Making good choices to live for GOD.



"...always with grace, seasoned with salt..." Col. 4:6

I. Attributes of Salt:

- a- Matt. 5:13 - **Salt Saves** [teaching the lost]
- b- Prov. 16:24 - **Salt flavors** [speak with kindness & love]
- c- 2 Kings 2:20-22 & Ezk. 16:4 - **Salt cleanses** [repent, apologies, prayer]
- d- Mark 9:50 - **Salt de-ices** [building relationships & using influence]
- e- Matt. 12:33-35 - **Salt operates to influence change** [changing your 'tone' can change what the hearer hears & how they respond]

II. Communicating GOD's way:

- a-How can our words be acceptable to GOD? Ps. 19:14
When we use them to bring glory to GOD. Words of kindness, honesty, respect, etc.
- b-How can our words be unacceptable to GOD? Jam. 3:2-12
When we have blessings and cursing out of the same mouth (i.e. gossip, lying, hateful words, spite, making fun of others)
- c-How ought we to answer every man? Col. 4:6
In a way that flavors our words with mercy -realizing our need for the patience, forgiveness, grace and mercy of GOD; as well as an opportunity to change, to start again. [discuss]
- d-What are some of the things a kind word can preserve? Eph. 4:32
tenderheartedness, forgiveness, peace, salvation, relationships [discuss]
- e-How can our words give comfort? Prov. 12:25
Words of encouragement, edification, kindness, honesty [discuss]
- f-How can our words edify? Eph. 4:29
By being positive, so they can minister grace to those in need - encouraging others to feel good about themselves and their relationship with GOD. [discuss]
- g-What are some other ways we can fill our days with glorifying the Father with our tongues?
Call a shut-in, speak respectfully, teach the word, honor GOD in our worship, singing, praying, etc [discuss]
- h-How can we be sure our words bring help instead of harm? Ps. 141:3, 1Pet. 3:10 - Ask GOD's help. Refrain (self-control) our tongues from evil and our lips that they speak NO guile [discuss]