



Vegetable Soup

Makes: 8 –12 servings

Need 5- quart pot to cook in

Ingredients:

12 oz. can of peeled & diced tomatoes (can use pureed)

1 to 1 1/2 lb. Hamburger (browned)

1/4 cup chopped onion

1 1/2 to 2 tab. Chili powder

1 cup beef broth

1 can green beans

1 can chili beans

2 bags frozen **soup** vegetables (not just frozen vegetables)

Other vegetables as desired

Water & beef broth as needed

Directions:

Pour tomatoes into your 5-qt. pot and allow to begin to get warm as you brown the hamburger in a skillet with the onion. Drain off grease. Add about a tablespoon of chili powder to the meat mix, add to pot. Add chili beans. I chop the green beans into smaller sizes—at least in half. Pour green beans with liquid into the 5-qt pot with tomatoes & meat mix. Add frozen vegetables and any others you choose. Add beef broth and water to completely cover mixture up to within an inch or two of the top of pot. Bring to boil while stirring. Add rest of chili powder to taste. Lower heat and cover pot. Let cook all day on low heat. Stir occasionally. Serve with crackers or cornbread.